

ANATOMY PRAYERS

Cardiovascular System

Functions

- Pumps blood throughout the body: This keeps circulation moving to supply every organ.
- Delivers oxygen to tissues: This provides cells with the oxygen needed for survival.
- Removes carbon dioxide and metabolic waste: This prevents toxic waste build-up.
- Maintains blood pressure: This keeps circulation stable and effective.
- Transports hormones: This allows chemical messengers to reach target organs.
- Regulates body temperature: This helps the body stay within a safe thermal range.
- Supports immune cell circulation: This helps immune cells travel to sites of infection.
- Maintains pH balance: This keeps blood

acidity within normal range.

- Delivers nutrients from the digestive system: This moves absorbed nutrients to cells.
- Enables clotting to prevent blood loss: This stops bleeding after injury.

Problems

- Hypertension: This is abnormally high blood pressure.
- Atherosclerosis: This is plaque build-up narrowing blood vessels.
- Heart failure: This is the heart's inability to pump blood effectively.
- Myocardial infarction (heart attack): This occurs when blood flow to the heart is blocked.
- Stroke: This is a loss of brain function due to interrupted blood supply.
- Arrhythmias: This is an abnormal heart rhythm.

- Anaemia: This is low red blood cell or haemoglobin levels.
- Deep vein thrombosis: This is a blood clot in a deep vein.
- Cardiomyopathy: This is disease of the heart muscle.
- Varicose veins: This is enlarged, twisted superficial veins.

Prayer

I declare in the name of Jesus that you have discipline to keep your biological and spiritual heart. You are diligent and vigilant. You are diligent in every way. Every heart of stone and every heart block is replaced with a heart of flesh. Every stony heart is replaced with a heart of flesh.

I declare into your biological system that your heart is clean. Your blood flow is clean. There is no obstruction.

In the name of Jesus, receive a fresh start in your heart.

In the name of Jesus, your heart is renewed. You have a steadfast spirit. You do not give up. I declare that your biological heart does not give up.

I declare that there is order in every place there has been chaos. Everywhere there has been chaos in your cardiovascular system. Receive the order of God. The Lord strengthens your natural heart.

The Lord strengthens your spiritual heart. I declare in the name of Jesus that your heart is breathing strong and beating on time. You do not experience hypotensiveness or hypertensiveness.

Your blood flow is normal just like the blood of Jesus justifies your soul, the blood in your body justifies your body. It moves correctly. It moves to benefit you only. In the name of Jesus, your life remains in you. Your blood vessels are not a weapon against you.

Your cells work in your favour. You are washed and you are purged by the blood. Your blood stays clean. It is not corrupted. Your blood is not corrupted. There is no

infirmity. In the name of Jesus, you do not have a blood-related infirmity. In the name of Jesus. Amen.

Respiratory System

Functions

- Gas exchange (oxygen in, carbon dioxide out): This supplies oxygen and removes carbon dioxide.
- Regulates blood pH: This stabilises acidity through breathing rate.
- Vocalisation: This enables sound production.
- Filters and warms inhaled air: This protects the lungs from irritants.
- Maintains airflow and ventilation: This ensures air moves in and out of the lungs.
- Supports smell: This enables olfactory sensing.
- Provides oxygen for cellular metabolism: This fuels cellular energy processes.

- Removes airborne pathogens: This traps microbes in mucus and cilia.
- Regulates blood oxygen levels: This adjusts breathing to maintain oxygen supply.
- Works with the cardiovascular system to deliver oxygen: This ensures oxygen reaches tissues.

Problems

- Asthma: This causes airway narrowing and breathing difficulty.
- Pneumonia: This is a lung infection.
- Chronic obstructive pulmonary disease (COPD): This is long-term airflow obstruction.
- Tuberculosis: This is a chronic bacterial lung infection.
- Lung cancer: This is uncontrolled malignant growth in lung tissue.
- Pulmonary embolism: This is a blood clot

blocking the lungs' blood vessels.

- Sleep apnoea: This is repeated breathing pauses during sleep.
- Acute respiratory distress syndrome: This is severe lung inflammation and oxygen failure.
- Bronchitis: This is inflammation of the bronchi.
- Emphysema: This is destruction of air sacs reducing breathing surface.

Prayers

I pray for your respiratory system you retain the breath of God in your body. You retain the breath of life. Your life remains in you. You are stirred up by the spirit of God. You are given life by the Almighty. Your breath remains in you.

I prophesy to the wind, oh breath, oh spirit of the living God, blow upon this plain that they may live. In every place where you have struggled to breathe, in every place where your cells have struggled to receive oxygen,

I release breath upon you. In the name of Jesus, I praise the Lord with you. I praise the Lord for your breath.

Receive the joy of the Lord. Receive joy. May you rejoice that you can breathe. Life is whole within you. You breathe in well. You draw breath well. The breath of God is in you. The spirit of God is in your nostrils. You recognise it. You live it. You rejoice in it. God gives light and breath to all things. God gives breath to the people on earth and spirit to those who walk on earth. I declare in the name of Jesus that your life remains in you. Your life remains in you.

The breath of God that makes a life is at work in you. In the name of Jesus, God gives breath and life to everyone. You will not be the exception. Your life remains in you. Death is not appealing to you. God gives you breath. Therefore, only God can take your breath. In the name of Jesus, your breath remains. You can breathe. Breathe, man of God. Breathe, woman of God. Breathe, child of God. In the name of Jesus, new life is at work in you. New breath is at work in you.

Every part of your organ that needs oxygen receives oxygen. The oxygen in your body is moving appropriately. Your life remains. In the name of Jesus. Amen.

Muscular System

Functions

- Produces movement: This allows voluntary and involuntary actions.
- Maintains posture: This keeps the body upright.
- Generates heat: This warms the body during muscle activity.
- Supports breathing via the diaphragm: This enables inhalation and exhalation.
- Stabilises joints: This helps maintain joint alignment.
- Enables facial expression: This allows communication through expressions.
- Assists blood flow through muscle pumping:

This helps veins return blood to the heart.

- Enables swallowing: This moves food into the oesophagus.
- Enables speech via laryngeal muscles: This produces vocal sound.
- Provides protection to internal organs: This shields organs beneath muscle layers.

Problems

- Muscle strain: This is overstretching or tearing of muscle fibres.
- Muscle tears: This is a more severe break in muscle tissue.
- Myopathy: This is disease affecting muscle fibres.
- Muscular dystrophy: This is genetic degeneration of muscles.
- Fibromyalgia: This is widespread muscle pain and tenderness.
- Myositis: This is inflammation of muscle

tissue.

- Cramps: This is painful involuntary muscle contraction.
- Tendonitis (muscle-tendon issues): This is inflammation of a tendon.
- Rhabdomyolysis: This is muscle breakdown releasing toxins into blood.
- Sarcopenia (age-related wasting): This is progressive loss of muscle mass.

Prayer

I declare that your muscle groups are activated, strengthened, renewed, repaired, and empowered to run. In the name of Jesus, you are empowered to run and you will not be weary. You are empowered to walk and you will not faint.

You are empowered to move and you will not be tired. As you commit to the Lord, there is power in your biological muscles. There is power in your spiritual muscles.

In the name of Jesus, you have strength for all things. You have strength for all movements. You have strength for all postures. You have strength for all usage.

In the name of Jesus, everything the Father has called you to do, you have the strength for it. You are armed with strength by God.

You have steady feet. You stand firmly. You make progress. You are set to soar. In the name of Jesus, you have hands that war, arms that bend bones. You are trained to fight. You have the body that can fight. Your body will not fight you. I declare in the name of Jesus that your muscles are contracting and expanding as they need to.

The Lord is your strength. The Lord is your personal bravery. The Lord is your invisible army. You will not freeze in place. You move as you ought to. In the name of Jesus, the joy of the Lord is your strength.

O Lord, strengthen us. You are strong through the union

with the Lord. Draw strength from His boundless might. In the name of Jesus, I declare that you receive the strength of God as you yearn for Him continually.

You are helped by the Lord who is your impenetrable shield. I declare that your muscles have become impenetrable shields to your bones. In the name of Jesus, your muscles are doing the work they ought to do. Amen.

Skeletal System

Functions

- Provides structural support: This holds the body upright.
- Protects organs: This shields vital organs with bone structures.
- Enables movement with muscles: This allows mobility through joints.
- Stores minerals (calcium, phosphorus): This keeps mineral reserves.

- Produces blood cells (haematopoiesis): This forms blood cells in bone marrow.
- Stores energy in bone marrow: This stores fat for future use.
- Maintains posture: This supports upright positioning.
- Serves as attachment sites for muscles: This anchors muscles to bone.
- Regulates mineral balance: This keeps calcium and phosphate levels stable.
- Supports endocrine function through osteocalcin: This helps regulate metabolism.

Problems

- Osteoporosis: This is loss of bone density.
- Fractures: This is a break in bone structure.
- Arthritis: This is inflammation of joints.
- Osteoarthritis: This is degeneration of joint cartilage.
- Scoliosis: This is abnormal sideways

curvature of the spine.

- Osteomalacia: This is softening of bones due to mineral deficiency.
- Bone cancer: This is malignant growth in bone tissue.
- Paget's disease: This is abnormal bone remodeling.
- Infections (osteomyelitis): This is bone infection.
- Joint dislocations: This is displacement of a bone from its joint.

Prayer

I commend you to the Lord who knows every bone in your body. To the Lord who formed your frame, to the Lord who can and has kept you and has committed to breathing life into your bones.

In the name of Jesus, may you not be impressed with your wisdom and your education that you stop to look at the Lord reverently. No, you will look at the Lord and you

will be aware that it is the Lord who has formed your bones. It is the Lord who has made your frame, that the Lord your God is committed to keeping you.

Receive the fear of God that you may understand that it is the Lord who has structured your nerves and your sinews, your marrows and has moistened your bones. Therefore, your bones do not break. None of His bones were broken.

That was the word. Receive the fear of God that causes your bones to vibrate with life. Your heart is merry and your bone is full of life.

I commend you to God who has clothed you with skin and flesh, who has knit your bones and your sinews. Oh, what miracle of skins and bones of muscles and brain. The Lord your God shields all your bones such that none is broken. The Lord makes your bones strong and fat. The Lord strengthens your frame and keeps your health. In the name of Jesus. Amen.

Nervous System

Functions

- Controls voluntary movement: This directs conscious motor actions.
- Regulates involuntary functions (breathing, heartbeat): This manages automatic body functions.
- Processes sensory information: This interprets signals from the body.
- Enables thought and reasoning: This supports cognitive abilities.
- Coordinates reflexes: This enables rapid automatic responses.
- Supports memory: This allows information storage and retrieval.
- Regulates emotions: This manages emotional processing.
- Maintains homeostasis: This helps balance internal conditions.
- Supports communication via nerve

impulses: This sends rapid electrical signals.

- Controls learning and adaptation: This enables skill development and behavioural change.

Problems

- Stroke: This is brain damage from disrupted blood flow.
- Epilepsy: This is recurrent abnormal electrical activity in the brain.
- Migraine: This is severe throbbing headache with neurological symptoms.
- Parkinson's disease: This is degeneration of movement-controlling neurons.
- Multiple sclerosis: This is immune damage to nerve coverings.
- Neuropathy: This is nerve damage causing weakness or pain.
- Spinal cord injury: This is trauma disrupting nerve pathways.

- Dementia: This is progressive loss of cognitive abilities.
- Anxiety and neurological stress responses: These are dysregulated nervous stress reactions.
- Brain tumours: These are abnormal growths inside the brain.

Prayers

I pray your mind is renewed in every place where old experiences have formed pathways in your mind that you do not need. I pray new neural pathways are formed, that you have new experiences and new exposures that cause you to respond to life differently.

In the name of Jesus, I pray for new sets of neurons with great stories and great representations of life to be formed in your mind, to be sparked and to be connected.

I pray that your life experiences and recollected memories will prove that God's will is good and perfect. I

pray that your live experiences and your collected memories will prove that God is good and He is good to you in particular. I pray that your life will prove that the good and perfect will of God exists and it exists in the life of men.

I pray for perfect and constant peace for you. I declare that your mind, your inclination and character will be towards peace. I pray that your mind will be stayed on God.

I pray that your mind is completely whole. I pray that you are steady on your feet. You are not stuck in the clouds and you are not stuck in a memory.

I declare steady trust in God. You will experience steady trust that the God of the universe is on your side.

In the name of Jesus, I pray for power and love. I pray for calmness and a balanced mind. I pray for discipline and self-control. You will not feel compelled to act in a certain way. You will not feel compelled towards cowardice. You will not feel compelled by fear. You will

not feel compelled by timidity.

In the name of Jesus, I declare that your state of mind is tranquil. You experience a tranquil state of your soul. You have soul level assurance that God is for you.

Your sense, your keen awareness of God will be wholesome. It will be wholeness in the name of Jesus. Everything is coming together for your good.

Christ displaces every worry at the centre of your life. Christ displaces every worry around you. God's goodness settles you down. God's goodness calms you down. You are kept through Christ Jesus.

I declare that you are aware that you are fearfully and wonderfully made. I declare that you know it consciously and unconsciously. You know fully well that you are well made.

You know fully well that God's will towards you is thought of peace and not of evil. You are wonderfully complex and you are fully aware of it. You are

wonderfully made and you are aware of it.

You are the marvelous workmanship of the God who is the God of the universe. You are the marvelous workmanship of God. You recognise yourself as such and you appreciate yourself as such.

God's comfort cheers your anxious soul. God's comfort cheers your anxious soul. God comforts and cheers your anxious soul.

Your anxious and doubtful mind is filled with renewed hope. I declare that you have great peace and delight. Your multitudes of thoughts are comforted by God.

Your mind is set above, on higher and lofty things. You are not absorbed by small and earthly matters. Heaven fills your thought and you don't shuffle along in life. You move correctly in the order of heaven. Your thoughts are higher and they are lofty.

Your eyes are not focused on the ground. Your eyes are not focused on the earth. You are not distracted and

overwhelmed by the things happening on this earth. No, your eyes are set above. Your thoughts are set above. Your thoughts are higher and lofty. You think like the lofty one of Israel. In the name of Jesus, you look up and you are focused.

You are absorbed by what is going on in heaven. You are seated in heavenly places far above principalities and powers. Therefore, when you look, you look from the perspective of Christ.

You see from Jesus's perspective things that are true, that are reverential, that are honourable, that are just, that are pure, that are lovable. Things that are kind, that are winsome, that are virtuous, that are gracious, that are excellent. Things that are worthy of praise and things that are of good report. Your eyes are stayed on such things. In the name of Jesus. Amen.

Endocrine System

Functions

- Produces hormones: This sends chemical messages through the bloodstream.
- Regulates metabolism: This controls how the body uses energy.
- Controls growth and development: This directs physical maturation.
- Regulates reproduction: This supports fertility and sexual function.
- Controls stress response: This manages cortisol and adrenaline release.
- Balances blood sugar: This stabilises glucose levels.
- Regulates sleep cycles: This controls circadian rhythms.
- Maintains fluid and electrolyte balance: This governs salt and water levels.

- Controls appetite: This signals hunger and satiety.
- Supports long-term homeostasis: This maintains internal balance over time.

Problems

- Diabetes: This is impaired blood sugar regulation.
- Thyroid disorders (hyper/hypothyroidism): These are imbalances in thyroid hormone levels.
- Polycystic ovarian syndrome: This is hormone-related ovarian dysfunction.
- Adrenal insufficiency: This is low adrenal hormone production.
- Cushing's syndrome: This is excess cortisol production.
- Growth hormone abnormalities: These are irregularities in growth hormone levels.
- Pituitary tumours: These are abnormal

growths in the pituitary gland.

- Menopause hormonal dysregulation: This is imbalance during hormonal transition.
- Infertility from hormonal imbalance: This is inability to conceive due to hormone issues.
- Metabolic syndrome: This is clustered metabolic risk factors.

Prayer

I declare in the name of Jesus that your biological seasons are regulated by God. Your body knows seasons and utilises them appropriately. The Lord who has started your system sustains your system. Your body functions as it ought to.

I declare that you are equipped with everything good that you need to function. You are good and you are perfect according to the way the Lord your God has made you. There is no variableness in your health.

In the name of Jesus, because the Father of all light has

made you, you experience stable seasons. You are not out of order. You are always in sync. You are moving appropriately. You are regulated from the inside.

In the name of Jesus, just as there is a season to all things, your body knows the season of all things. In the name of Jesus. Amen.

Reproductive System

Functions

- Produces gametes (sperm or ova): This creates reproductive cells.
- Enables fertilisation: This allows sperm and egg to unite.
- Supports foetal development: This nurtures a developing baby.
- Produces sex hormones: This regulates sexual characteristics and function.
- Enables sexual intercourse: This facilitates

physical reproductive activity.

- Supports menstrual cycles: This regulates monthly reproductive changes.
- Enables childbirth: This allows delivery of a baby.
- Provides reproductive pleasure: This supports sexual enjoyment.
- Transmits hereditary information: This passes genetic traits to offspring.
- Supports breastfeeding (female): This produces milk for infants.

Problems

- Infertility: This is difficult to conceive.
- Endometriosis: This is growth of uterine tissue outside the uterus.
- Erectile dysfunction: This is inability to achieve or maintain an erection.
- Fibroids: These are non-cancerous growths in the uterus.

- Prostate enlargement: This is swelling affecting male urine flow.
- Ovarian cysts: These are fluid-filled sacs on the ovaries.
- Sexually transmitted infections: These are infections spread through sexual contact.
- Polycystic ovarian syndrome: This is hormone-related ovarian dysfunction.
- Menstrual disorders: These are irregular or painful menstrual cycles.
- Pelvic inflammatory disease: This is infection of the female reproductive organs.

Prayer

I declare that you are fruitful and you multiply. You are fruitful enough to fill. You are fruitful enough to subdue. Every place the Lord has called you to biologically, you are fruitful enough to fill. You are fruitful enough to subdue.

I call forth your children the gift of God, the reward of the

fruit of the womb. I declare that you are rewarded by God. You are rewarded with a generous legacy.

The Lord your God makes it possible for you to have children. The Lord your God the opener of the womb, opens your womb.

In the name of Jesus, for every husband and every wife who are standing and saying, Lord we want children. I declare the opening of the womb by the God who gives children. I pray that your conception is easy.

I pray that you are remembered by God. I pray that your pregnancies are successful. I pray for easy delivery. I pray for strength to deliver. I declare multiple births. I declare that you conceive in old age if you're still waiting.

I declare that you are no longer barren. That you enter into the promises of God. I declare no more miscarriages, no more stillbirths, no more child deaths.

In the name of Jesus, the barren has become a

homemaker. By the word of the Lord, be fruitful. Be fruitful according to the order of the blessings of God. May the Lord make you fruitful enough to feel. Make you fruitful enough to subdue. Make you fruitful enough to establish you. Make you fruitful to subdue the land He has given you. In the name of Jesus, Amen.

Immune System

Functions

- Defends against pathogens: This protects the body from infections.
- Produces antibodies: This helps neutralise harmful microbes.
- Removes toxins: This clears harmful substances.
- Supports inflammation for healing: This helps repair damage.
- Identifies self versus non-self: This prevents attacking the body's own tissues.

- Repairs damaged tissues: This aids recovery after injury.
- Stores immunological memory: This enables faster future responses.
- Activates white blood cells: This mobilises cellular defenders.
- Neutralises allergens: This controls allergic reactions.
- Works with lymphatic system to drain waste: This clears fluid and debris.

Problems

- Autoimmune disorders: These occur when the immune system attacks the body.
- Allergies: These are exaggerated immune responses to harmless substances.
- HIV/AIDS: This is severe immune deficiency caused by viral infection.
- Sepsis: This is extreme body-wide immune overreaction to infection.

- Immunodeficiency: This is weakened immune functioning.
- Lupus: This is chronic multi-organ autoimmune damage.
- Rheumatoid arthritis: This is autoimmune joint inflammation.
- Chronic infections: These are persistent difficult-to-clear infections.
- Transplant rejection: This is an immune attack on donated organs.
- Lymphoma: This is cancer of immune lymph cells.

Prayer

May your immune system be to your body as the Lord is to your whole life. You are kept and fortified. Your system can be trusted not to attack itself.

You are delivered from infections and viruses. You are protected from external and internal attacks. I declare that you are equipped to wage war against every

trespasser that attempts to compromise your health.

I declare that you are healing quickly from every cut and every hurt. In the name of Jesus, there may be communicable diseases around you but you escape always. No weapon formed against or within yourself prospers.

Every report that could weaken your heart is judged now. You are healed as you obey the Lord. Before the diseases come, you are vaccinated by the Spirit of God against them.

The Lord preserves your body from evil. The Lord preserves your body from being a city without walls. The Lord himself built a wall of fire around about you and be the glory in the midst of your organs.

In the name of Jesus, the Lord your God protects you accordingly. The Lord strengthens and guards you from the intention of the evil one. In the name of Jesus, as the Lord is to your life so is your immune system to your body. Therefore you are consistently righteous and you

are safe in God as your strong tower. The Lord makes your immune system a strong tower like himself. The Lord equips your system to be a very present help in trouble, a stronghold in the day of trouble.

Your system agrees with God to keep you healed. Your system agrees with God to keep you whole. You are disciplined to keep your immune system at optimum.

You don't sabotage this armor the Lord has given you. You don't take it for granted. You commit to using the armor of your health. Your immune system is doing the bidding of the Father. In the name of Jesus. Amen.

Digestive System

Functions

- Breaks down food: This prepares nutrients for absorption.
- Absorbs nutrients: This transfers nutrients into the bloodstream.

- Eliminates waste: This removes undigested material.
- Produces digestive enzymes: This chemically breaks down food.
- Maintains gut microbiome: This supports beneficial bacteria.
- Supports immunity: This protects against ingested pathogens.
- Regulates appetite: This controls hunger cues.
- Processes vitamins: This activates and absorbs essential vitamins.
- Transports nutrients to the bloodstream: This moves nutrients into circulation.
- Supports detoxification via the liver: This filters and processes toxins.

Problems

- Ulcers: These are open sores in the digestive lining.

- Gastro-oesophageal reflux: This is stomach acid backing into the oesophagus.
- Irritable bowel syndrome: This is chronic digestive discomfort and irregularity.
- Crohn's disease: This is inflammatory bowel disease affecting the digestive tract.
- Coeliac disease: This is immune reaction to gluten damaging the intestine.
- Gallstones: These are hardened deposits in the gallbladder.
- Hepatitis: This is inflammation of the liver.
- Constipation: This is difficulty passing stool.
- Diarrhoea: This is loose or watery stool.
- Haemorrhoids: These are swollen veins in the rectal area.

Prayer

May your tasting of God and food be good continually.

Open your mouth and taste.

Food and drink will gladden your heart and not terrify you. Bread and every meal will strengthen you. They will support you and they will refresh you. Food will not make you sick. Drinks will not make you sick. Food will not be a snare to you.

You will eat well and will not practise gluttony. You will not deliberately or compulsively be a glutton. Before earthly food, you will eat Christ as the bread of life.

You will drink Him and you will not be thirsty. Therefore, earthly meals will follow the protocol of Christ and serve you well. Food causes light to shine in your eyes.

Cooked food causes your bones to be healthy. You will eat well and you will be nourished and you will bring God pleasure. Food will be easy for you to eat. Food will be easy for you to let go of. May you be satisfied when you eat. May you be satisfied when you drink.

Your days of starvation are over. Your days of tasteless meals are over. Your days of repulsive eating are over. Your days of throwing up after eating are over. Your days

of eating and never being satisfied are over. Your days of eating and being restless are over.

Your days of eating and being constipated are over. Your days of eating and being sick are over. Your days of rejecting food and falling sick are over. Your days of falling sick because of food and drinks are over. Receive today your daily bread. No more starvation.

May you eat with others. When you eat with others, you will not experience food poisoning. When you eat by yourself, you will not experience food poisoning.

Everything that goes into your system will work in your favour. In the name of Jesus, you will not suffer food poison or anything that makes community and friendships hard.

May food make you glad as the Lord has designed it to
In Jesus' name. Amen.

Urinary System

Functions

- Filters blood: This removes waste from circulation.
- Removes waste as urine: This excretes toxins from the body.
- Regulates fluid balance: This controls water levels.
- Controls electrolytes: This balances minerals like sodium and potassium.
- Maintains blood pressure: This adjusts fluid and salt to regulate pressure.
- Produces vitamin D activation: This converts vitamin D into active form.
- Regulates blood pH: This controls acidity through urine.
- Supports red blood cell production (via erythropoietin): This stimulates RBC formation.
- Maintains hydration: This prevents

dehydration.

- Eliminates metabolic toxins: This clears chemical waste from the body.

Problems

- Urinary tract infections: These are infections of the bladder or urethra.
- Kidney stones: These are hard mineral deposits in the kidneys.
- Chronic kidney disease: This is gradual loss of kidney function.
- Acute kidney failure: This is sudden inability of the kidneys to filter waste.
- Incontinence: This is loss of bladder control.
- Bladder infections: These are bacterial infections of the bladder.
- Glomerulonephritis: This is inflammation of kidney filtering units.
- Enlarged prostate (affecting urine flow): This obstructs the passage of urine in men.

- Proteinuria: This is excess protein in the urine.
- Hydronephrosis: This is swelling of the kidney due to blocked urine flow.

Prayer

May your system cleanse out itself. May the excretion of all filthiness in your body processes be extremely easy. You are cleansed from the inside out and your body does not retain what it should release.

You are washed in the spirit and you are washed in your body. You will not be internally dirty or overloaded. You are cleaned from every waste as the Lord sits on you as a refiner of silver and gold and no dross is left.

May your excretory system not have incomplete activities that leave waste inside you. You are washed and you are cleansed. You are cleansed from every disease causing impurity.

Every disease, you are cleansed of it. Every impurity, you are cleansed of it. In the name of Jesus, your body does not retain what it should release. Amen.

Integumentary System

Functions

- Protects against pathogens: This shields the body from microbes.
- Regulates temperature: This cools or warms the body through the skin.
- Prevents water loss: This keeps moisture inside the body.
- Houses sensory receptors: This detects touch, pain and temperature.
- Produces vitamin D: This synthesises vitamin D when exposed to sunlight.
- Stores lipids: This reserves fat in skin layers.
- Provides insulation: This helps retain body

heat.

- Supports wound healing: This repairs skin after injury.
- Excretes waste via sweat: This removes small amounts of toxins.
- Acts as a physical barrier: This blocks environmental harm.

Problems

- Acne: This is blocked or inflamed skin glands.
- Eczema: This is chronic itchy skin inflammation.
- Psoriasis: This is rapid skin cell turnover causing plaque.
- Dermatitis: This is inflammation of the skin from irritation.
- Skin cancer: This is uncontrolled growth of abnormal skin cells.
- Wounds and lacerations: These are breaks in

the skin surface.

- Burns: These are thermal, chemical or electrical injuries to the skin.
- Fungal infections: These are skin infections caused by fungi.
- Vitiligo: This is loss of skin pigment.
- Alopecia: This is hair loss from the scalp or body.

Prayer

I declare that you are insulated from every harmful environment. You are kept from every sin-related infirmity.

You are kept from every skin-related inconsistency. Your skin and the flesh are a miracle of God's goodness. Therefore, I declare that you are covered. Like the skin is designed to protect the body, you are covered. You are encompassed with favour as a shield.

You are covered with your skin as the Lord covers you

under his wings, as the Lord has made a decision to be a wall of fire round about you. May your biological system, your integumentary system, may it do the work of keeping you round about. You will not be sabotaged by your own body.

You are clothed with glory. You are clothed with covering. You are clothed with adornment. You are preserved and surrounded. You are hidden. In the name of Jesus, no part of you is left exposed. Amen.

Lymphatic System

Functions

- Drains excess fluid from tissues: This prevents swelling.
- Maintains fluid balance: This keeps body fluids stable.
- Transports lymph: This moves fluid through lymph vessels.
- Houses immune cells: This provides a site

for immune activity.

- Filters pathogens via lymph nodes: This traps and destroys harmful microbes.
- Absorbs fats from the digestive system: This transports dietary fats.
- Supports immune surveillance: This monitors the body for threats.
- Removes cellular waste: This clears debris from tissues.
- Maintains blood volume: This returns fluid to the bloodstream.
- Supports defence against infections: This helps fight invading microbes.

Problems

- Lymphoedema: This is chronic swelling from blocked lymph flow.
- Lymphadenitis: This is inflammation of lymph nodes.
- Lymphoma: This is cancer of the lymphatic

cells.

- Blocked lymphatic vessels: This obstructs lymph flow.
- Filariasis: This is parasitic infection damaging lymph vessels.
- Autoimmune inflammation: This is immune attack on lymphatic tissues.
- Chronic swelling: This is long-term fluid accumulation.
- Lymphangitis: This is infection of lymph vessels.
- Immune failure due to lymphatic defects: This weakens immune function.
- Metastatic cancers using lymph channels: This is cancer spreading through lymph pathways.

Prayer

Everything that needs to flow out flows out. Everything that needs to pour out pours out. Everything that needs

to flow in your system flows.

In the name of Jesus, you are the tree of life planted by the rivers of water. You are flowing correctly. In the name of Jesus, we have prayed. Amen.